

A Lent Calendar for 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		4 th March	5 th March	6 th March	7 th March	8 th March
		Shrove Tuesday Lent starts Tomorrow - have you signed up for a Lent activity yet?	Ash Wednesday Set aside a special place for your Lenten devotions	Select a book you feel is appropriate to read in Lent, and start reading	Pray for victims of war and their families.	Make a donation to a charity shop, or a purchase from one
9 th March	10 th March	11 th March	12 th March	13 th March	14 th March	15 th March
Look for small acts of kindness, recognise God's love there	Drive carefully, as if your heavenly Father is watching you	Pray for those who have lost or have no faith	Thank God for your friends, let them know you care	Examine your life, and make changes for the better	Look for the signs of the Holy Spirit working all around you	Pray for refugees and those who care for them
16 th March	17 th March	18 th March	19 th March	20 st March	21 st March	22 nd March
Thank God for your home and your comforts	Smile at someone you do not know - nod and say "hello"	Thank someone you normally take for granted	Go to a mid week service like Morning or Evening Prayer	Pray for the children around the world	Pray for the sick and the terminally ill .	Reach out to someone you feel you could help
23 rd March	24 th March	26 th March	26 th March	27 th March	28 th March	29 th March
Be proud of your faith and show it.	Visit a church that you have never before been into	Keep remembering to tell God how much you love him	Make contact with an old friend	Tell someone WHY you value them	Read a Psalm slowly and carefully	Go for a walk and pray for the people in the houses that you pass
30 th March	31 st March	1 st April	2 nd April	3 rd April	4 th April	5 th April
Mothering Sunday - Count your blessings	Pay a Phone-visit to someone who lives alone	Pray for the bewildered and all who care for them	Praise God whilst doing the chores you most dislike	Go into a quiet place alone and sing, with feeling, any hymn	Pray for peace in the world, especially in the war zones	Look for signs of spring and thank God for them
6 th April	7 th April	8 th April	9 th April	10 th April	11 th April	12 th April
Consider others - who could do with your help	Tidy up a corner of your life that needs attention	Pray for the young adults of the world	Praise God, ask for more Christian diversity and tolerance	Write a short poem or hymn or prayer.	Think who would like an Easter card from you	Visit a library or book shop and look for Christian literature
13 th April	14 th April	15 th April	16 th April	17 th April	18 th April	19 th April
Ponder the state of your soul	Sit down and listen to a piece of music that inspires you	Look for signs of God's love in people around you	Thank God for the people who inspire you	M Thursday Pop into a church you haven't been into for a while	Good Friday What sacrifices have you made recently?	Holy Saturday. A fallow day for reflection

EASTER SUNDAY. HE IS RISEN, ALLELUIA!